

members of career or volunteer fire departments.

THROUGH A PARTNERSHIP WITH THE UTICA FIRE DEPARTMENT

## PHOENIX FIRECAMP

WILL TAKE PLACE FOR THE FIFTH YEAR AT UTICA FIRE DEPARTMENT TRAINING ACADEMY

July 17 through July 22, 2011

## PHOENIX OFFERS TO QUALIFY YOU MUST Team building exercises Be in good physical condition Use of SCBA (Self Contained Breathing Apparatus) · Be covered by medical insurance Search and rescue skills · Be 14 to 19 years of age Basics of engine/ladder co. operations Have completed the 8<sup>th</sup> grade CPR training & certification Have a positive attitude Fitness & nutrition information Complete an application and Aerial ladder climb Write a 500 word essay Auto extrication and disentanglement Agree to follow all rules & regulations Water rescue Participate in all activities & classes \$75.00 application fee (Non-Refundable)

Phoenix Firecamp is free, except for the application fee.
Housing is at the Utica Fire Academy, a former firehouse.
The Team Leaders and Instructors
are career and volunteer female firefighters and EMTs in New York State.
Applicants do not need any prior experience with the fire service.

FOR AN APPLICATION OR ADDITIONAL INFORMATION,
LOG ON TO

www.fswnys.org or CALL 845-309-1325 For immediate release – Contact: Anna Schermerhorn-Collins, alsc683@optonline.net – 347-582-8163

## PHOENIX FIRECAMP TO MARK FIFTH ANNIVERSARY 2011 applications now online

Phoenix Firecamp, the free weeklong overnight camp for teenage girls, ages 14-19, conducted by Fire Service Women of New York State, Inc., (FSWNYS) enters its fifth year July 17-22, 2011. An abbreviated version of a recruit class, the program is designed to acquaint young women with their opportunities in fire and emergency services. 24 campers are accepted annually and prior experience is not needed.

"In order to access the effectiveness of Phoenix in recruiting more women, I recently emailed the 84 graduates and asked for an update on their activities," said FDNY Lt. Anna Schermerhorn-Collins, camp director. "The 62% response rate was great because they had to actually write, not check off boxes in a survey." She said that of the 52 who responded, all but nine are active with their local volunteer fire departments, many on the EMS side. "We are very pleased with the numbers and especially the stories. I wish we could tell them all. The most gratifying outcome is the positive effect Phoenix has had on their lives."

Erin Conn, 18, of Moriches, a biology major who plans to become a surgeon wrote, "It was the auto extrication demo and CPR certification at Phoenix that sparked my interest in the medical field." She plans to become EMT certified this spring. Caitlyn Roberts, 19, Arkville, has continued her firefighter training and does fire prevention for the local head start program. Ashley Baker, 19, Lee Center, is the fourth generation member of her family in the fire department and while studying for her degree in Fire Science at Onondaga Community College, she was a bunk in firefighter with the Onondaga Hill FD.

Karen Jackson, 16, Charlton, completed FF1 training at the NYS Academy of Fire Science and aspires to the US Naval Academy. Victoria Nash, 17, Truxton, was 2009 firefighter of the year in her department and then rookie of the year for Cortland County. Stephanie Downs, 17, Sylvan Beach, a member of her local volunteer department wrote, "Phoenix Firecamp really and truly was the chance of a lifetime... because of it I am a stronger person, a more motivated person and all around a more confident person."

Chelsea Barry, 18, Brooklyn, was accepted into the EMT/Paramedic AAS program at LaGuardia Community College. Lauren Michels, 19, Clinton, is an active member of the EMS Squad at SUNY Oneonta and has applied to the Oneonta Fire Department. Bethany White, 21, Candor, is taking the NYS Paramedic exam. Kate Cardinale, 17, Oneida, will be majoring in Fire Science Administration at the University of New Haven. Jessie Roland, 19, East Aurora was elected president and lieutenant of the East End Active Hose Company. Victoria Cecere, 15, Patterson, wants to become the first female firefighter in White Plains.

The Utica FD and Westmoreland Volunteer FD partner with FSWNYS in producing Phoenix, the first fire camp in the Northeast. The instructors and team leaders, female members of career and volunteer fire departments, donate their time and pay their own expenses for the week.

The 2011 Phoenix Firecamp application and other pertinent information is online at: <a href="www.fswnys.org">www.fswnys.org</a> Applications must be postmarked by May 1.